

Givim tok orait

Welkam long Work Healthy Australia. Mipela i save long tritim ol sof tisiu hevi we mipela i yusim kainkain ol tritmen modaliti long bai mipela i ken givim gutpela risal stret bilong wanwan sikmanmeri. Mipela i wok strong long skulim ol sikmanmeri bilong mipela long ol hevi na ol benefit we i kam wantaim wanwan terapi. Plis ridim wanwan ol samting na sapos yu wanbel long i go het wantaim tritmen, plis raitim nem na sain na putim det long fom. Sapos yu i no klia gut long ol samting na long ol toktok, plis toktok wantaim Work Healthy Australia provaida bilong yu.

Modaliti: SOF TISIU MANIPULESEN

Ol hevi we i ken kamap: Pilim sua klostu long hap bilong bagarap i go inap long tupela de

Long ol medikal buk i nogat wanpela ripot long hevi i kamap bikos long palpesen, masads, o mekim wok wantaim sof tisiu, tasol sampela evidens i tok olsem sampela ol sikmanmeri (1pela long 100pela) i ripot olsem ol i pilim sua long tupela de na wanpela i bin gat hetpen tu wantaim.

Modaliti: JOIN na SPAINAL MANIPULESEN

Ol hevi we i ken kamap: Bun bruk, disk hevi/agrevesen, vetabral ateri hevi

Manipulesen em ol i soim olsem i gutpela teknik bilong helpim ol join long muv na daunim pen i go long 48 aua olgeta. Long ol buk ol i bin toktok long sampela bun bruk tasol ol dispela samting i no save kamap planti taim tumas na taim i save kamap em i bikos sampela sik i stap long bun pinis. Disk hevi, lus o bruk i no save kamap planti taim tasol i ken go long nev pen na i go long ol han na ol lek. Vetebral ateri problem o hevi em i wanpela komplikesen we i no save kamap tumas wantaim nek manipulesen. Ol stadi i ripot olsem hevi long ekspiriensim dispela kain bagarap em stap olsem 1pela insait long 400,000pela na i go antap long 1pela insait long 1,000,000pela long wanpela manipulesen, tasol, samting we i nogut olgeta em dispela taip hevi i ken kamapim strouk o dai. Bikos ol benefit i winim ol hevi we i kamap wantaim manipulesen, mipela i mekim yet dispela terapi. Tasol, bikos ol komplikesen i ken kamap bikpela, mipela i save yusim ol pri-manipulesen sefti/skrining tes we mipela inap yusim, olsem long skrinim aut ol kendidet we i no fit long dispela rot.

Modaliti: DRAI NIDLING (Akupanksa) na WET NIDLING (Ol Seilain Injeksan)

Ol hevi we i ken kamap: Sua o pen long taim bilong tritmen na/o bihain long tritmen

Drai nidling em i wanpela terapi we bai yu putim ol liklik nidel long ol hap bilong bodi (ol triga poin/akupanksa poin) long tritim pen na kamapim ol wok. Lo karen stimulesen (1pela long 500pela Hz) em ol i yusim long strongim wok bilong dispela tritmen. Ol benefit bilong akupanksa em bai yu pilim orait long ol sik, bai yu gat bikpela strong moa

na bai yu pil olsem yu kamap orait. Olgeta ol nidel we Work Healthy Australia i save yusim em ol i yusim wanpela taim tasol long stopim infeksi. Nogat, o liklik, pen bai yu pilim taim ol i putim nidel i go insait long bodi. Sapos ol i no putim nidel gut, o sikmanmeri i muv, o nidel i bagarap em i ken pilim sua. Ol akupanksa nidel we ol i yusim long torasik spain em i ken stap wantaim niumoraks. Wet nidling em i taim yu yusim ol seilain injeksan we ol i putim aninit long skin long ol hap we bai tritim pen na stretim tisiu meitriks.

Modaliti: EKSESAS RIHABILITASEN

Ol hevi we i ken kamap: Ol simtom i kamap nogut moa

Long givim ol spesol eksesai bilong kamap strong na strets em i wanpela bikpela pat bilong go-bek-wok plen long ol wokmanmeri husait i kisim bagarap. Riset i soim olsem ol ektiv eksesai samting i save promotim ol long kamap orait hariap na daunim sik long i go bikpela. I gat liklik sans long kisim bikpela hevi o bagarap, sans tasol long ol simtom bilong yu bai kamap nogut moa, na long dispela taim bai ol i stretim gen program bilong yu.

Mi ridim pinis na save long infomesen we i stap antap wantaim ol hevi we i ken kamap long ol tritmen modaliti. Mi wanbel na tok orait long ol hevi we i ken kamap we ol i putim pinis na givim tok orait bilong mi long pepa long provaida long yusim ol stretpela tritmen we provaida i givim toksave long mi long taim mi kisim tritmen long Work Healthy Australia.

Ol i bin askim mi sapos mi i gat sampela ol kwesten long dispela tritmen na, sapos i gat, dispela ol askim em Work Healthy Australia provaida bilong mi i bekim pinis.

Ol i givim mi wanpela kopi bilong Work Healthy Australia Praivesi Polisi, na mi wanbel long Work Healthy Australia i ken yusim pesonal infomesen bilong mi long bihainim dispela Polisi, wantaim ol rot we Work Healthy Australia i ken kolektim na yusim pesonal infomesen bilong mi, na i ken givim pesonal infomesen bilong mi long ol ted pati we Polisi i toktok long en.

Long bihainim duti bilong ke we ol kampani i gat long helt na sefti bilong mi, i gat sampela taim we Work Healthy Australia provaida i mas toktok wantaim ol lain long ogenaísesen bilong mi. Olsem na mi givim tok orait long larim Work Healthy Australia provaida bilong mi long toktok long helt infomesen na arapela pesonal infomesen we i toktok long helt o hevi bilong mi, wanem ol samting bai pasim mi long wok, prognosis na tritmen bilong mi wantaim ol lain husait i stap risponsibol long helt ke o sefti bilong mi:

ol arapela helt na medikal provaida, OHS staf, HR staf, Ol Rihabilitesen Kodineta, na ol supavaisa na ol menesa long dispela ogenaísesen.