

# Manual Handling Training programs



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# Manual Handling Training programs

It is your responsibility to ensure your employees understand how to safely perform their jobs, and that supervisors understand the high-risk tasks within their work areas. **Our Manual Handling Training programs are tailored to suit the needs at your site and can help you to achieve this.**

## Our trainers understand your world

Training is delivered by our Workplace Health Providers, who are specialists in workplace musculoskeletal injuries, and workplace safety and compliance standards.

Our Providers will observe injuries trends, high risk work areas, high risk tasks, and formulate a training program based on these observations.

## Tailored to your workplace

Prior to conducting the training, our Providers will take the time to learn of your needs – which may be:

- ✓ to train your supervisors and managers on the importance of understanding and managing risk
- ✓ to teach new employees on how to use their bodies to safely and effectively perform their job
- ✓ to show your employees how to safely use their bodies when using new equipment
- ✓ to train a group of employees on how to use their bodies to correctly perform a specific task

## How does Manual Handling Training benefit your business?

- Workplace risks are identified, managed and minimised, which contributes to reduced injury rates and a better safety culture
- Consulting and engaging in meaningful conversations with workers reiterates your commitment to safety
- Return on investment: Multiple studies show improvement in employee engagement, reduced absenteeism and improved productivity

## When is a good time to conduct Manual Handling Training?

- When a specific task tends to have the same injury occurring frequently
- When you install new equipment
- When you have new employees
- When you assign a group of workers to a new task
- Regular training can reduce injury rates

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